



Inspire!

Unlock your potential and
discover your skills and talents



Wellbeing Enterprises helps hundreds of young people every year to improve their wellbeing. Wellbeing means feeling good and doing things that you enjoy.

Wellbeing[®]
enterprises

The 'Inspire!' service is provided in Halton by Wellbeing Enterprises CIC, funded by BBC Children in Need.



The 'Inspire!' service is delivered by Wellbeing Enterprises CIC and funded by BBC Children in Need. The service is free of charge.

Feeling unhappy? Experiencing difficulties at home or struggling with an issue at school? We're here to help! Come and have a friendly one-to-one chat with us today. We'll work with you to develop a plan to tackle the issues that are bothering you, as well as help you to unlock your skills and talents so you do more of the things that make you feel good.



Here's how we can help:

Talk

Come and have a chat with us about the things that make you smile, as well as anything that might be bothering you

Connect

We provide a wide range of support. We can also connect you to hobby groups, relaxation sessions and like-minded people to share experiences and learn new skills together

Take Action

We provide training and support so that you can become a Wellbeing Mentor and share top tips with your friends and family about ways to improve wellbeing



Get in touch!

If you live in Halton, are aged between 10 and 18 years old, and are experiencing a challenge in your life, we'd like to hear from you.

Visit us online:
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